



A Living Well With Chronic Conditions Series

wiha
Wisconsin Institute
for Healthy Aging



Living Well With Diabetes

Diabetes Prevention & Maintenance Series

Everyone knows new habits take time. In the Healthy Living with Diabetes (HLWD) workshop you get the time and encouragement you need to make the changes you want to make. You'll build new skills, practice what you learn, and share your experience with others. You'll set your own goals and priorities. Week by week, you'll see what works for you and take steps toward healthier living.

Dates: Thursdays, April 30 – June 4 2026
Time: 9:00 AM – 11:00 PM
Location: General Baptist Headquarters 2964 N
11th Street
Milwaukee, WI

FREE EVENT

Space is limited. Registration is required.

Reserve your spot today: (414) 264-2070

Hosted by
General Baptist State Convention of WI – H.O.P.E. Ministry
Wisconsin Institute for Healthy Aging